



**Arizona Department of Education  
Health and Nutrition Services**

**Medical Statement for Students with Special Dietary Accommodations**

This form is used to request Dietary Accommodations in the U.S. Department of Agriculture (USDA) Child Nutrition Programs such as the National School Lunch Program, School Breakfast Program, Afterschool Snack Program, and Summer Food Service Program.

Send completed forms to:

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For any questions, please contact:

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**Part 1: To be completed by a parent/guardian**

Child's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

School Name: \_\_\_\_\_

Child's Grade: \_\_\_\_\_

Student ID #: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

**Part 2: To be completed by state licensed healthcare professionals\***

\*For purposes of Child Nutrition Programs, only a "Licensed Healthcare Professional" is permitted to complete and sign a medical statement for meal accommodations in the Child Nutrition Programs. The seven medical professionals listed are permitted to complete and sign a medical statement for meal accommodations in the Child Nutrition Programs administered in Arizona.

(HNS# 11-2015). Dentists, Homeopathic Physicians, Naturopathic Physicians, Nurse Practitioners, Osteopathic Physicians, Physician Assistants, and Physicians.

A. List of foods/ingredients to be omitted from the diet.

B. Provide a brief explanation of how exposure to the food affects the child.

C. List of foods/ingredients that can be substituted into the diet to accommodate the dietary restrictions.

This medical statement is **permanent**.

(This medical statement will remain in effect during the time the student is enrolled. A new medical statement will be required to change any aspect of information provided in this medical statement.)

This medical statement is **temporary**.

(This medical statement will remain in effect for the current school year. A new medical statement will be required annually.)

Licensed Healthcare Professional Name: \_\_\_\_\_

Office Phone Number: \_\_\_\_\_

Licensed Healthcare Professional Signature: \_\_\_\_\_

Date: \_\_\_\_\_