



14

28







## **Breakfast & Lunch Combs High School Menu**

Tuesday

**Glazed Donut** Fruit Smoothie Cheeseburger or Hamburger **Beef Tacos & Beans** 

**Thursday** 

**BeneFIT Bar Cinnamon Oatmeal** Chicken Nugget w/crackers

Popcorn Chicken Salad

Cereal

w/Nutri-Grain Bar

**BBQ Pulled Pork** 

16

23

Chicken Caesar Wraps

BeneFIT Bar Bagel w/Cream Cheese **Chicken Patty Sandwich** 

**Monday** 

**Donut Holes Bagel Breakfast Sandwich** Pepperoni Pizza **Cheese Pizza** Chicken Tenders & Waffle Wednesday

BeneFIT Bar Snack N' Waffle **Cheesy Pull- Aparts** 

**Cheese & Meat Nachos** 

**Donut Holes Yogurt Parfait** Cheeseburger or Hamburger Orange Chicken w/Rice

BeneFIT Bar Honeybun **Chicken Nuggets** 

Pasta w/Meatsauce

Cereal w/Muffin Chicken Caesar Salad

**Yogurt Parfait** 

12 BeneFIT Bar French Toast Sticks **Chicken Patty Sandwich** or Spicy Patty **Chicken Potato Bowl** 

or Spicy Patty

Mac N' Cheese

13 **Mini Donuts** Pancake & Sausage Pepperoni Pizza Cheese Pizza Burrito

**BeneFIT Bar** Yogurt & Muffin **Italian Cheesy Pull-Aparts** 

**Chicken Fried Rice Bowl** 

15 Mini Donuts **Breakfast Burrito** Cheeseburger or Hamburger All Beef Hot Dog

BeneFIT Bar Mini-Cinni **Chicken Tenders & Crackers** 

Soft Beef Taco w/Beans

Cereal w/ Grahams Spicy Chicken Salad M.W.F - Deli Sandwich Tue & Th - PB & J

No School 19

20 **Glazed Donut** French Toast Sticks Chicken Patty Sandwich or Spicy Patty Min Corn Dogs

**BeneFIT Bar** \*Breakfast Sandwich **Cheesy Pull- Aparts** 

**BBQ Pulled Pork** 

22 **Glazed Donut Fruit Smoothie** Cheeseburger or Hamburger **Beef Tacos & Rice** 

BeneFIT Bar **Cinnamon Oatmeal** Chicken Nugget w/crackers

Mac N' Cheese

Cereal w/Nutri-Grain Bar Popcorn Chicken Salad

Chicken Caesar Wraps

26 **BeneFIT Bar** Bagel w/Cream Cheese Chicken Patty Sandwich or Spicy Patty Mac N' Cheese

27 **Donut Holes Bagel Breakfast Sandwich** Pepperoni Pizza **Cheese Pizza** Chicken Tenders & Waffle

BeneFIT Bar Snack N' Waffle **Cheesy Pull- Aparts** 

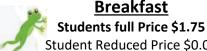
**Cheese & Meat Nachos** 

29 **Leap Year Lily Pads** (Dutch Waffles)

Cheeseburger or Hamburger Orange Chicken w/Rice

Cereal w/Muffin Chicken Caesar Salad

**Yogurt Parfait** 



Student Reduced Price \$0.00 Student Free Price \$0.00

Includes seasonal fresh fruit, fruit juice and 1% White Milk or Chocolate Milk Need to add money to student's meal account, fill out a Free & Reduced Meal Application, or check the online menu for your student's school? All can be done at lingconnect.com (LINQ and Titan have merged, new app needed for use on phones)





Lunch

Students full Price \$3.50 Student Reduced Price \$0.00 Student Free Price \$0.00

Includes seasonal fresh fruit, vegetable and 1% White Milk or Chocolate Milk

Menu items may change due to availability. This is an equal opportunity provider.