







Daily Options

Breakfast & Lunch Middle School Menu

Monday

Snack N' Waffle Glazed Donut CHeeseburger Hamburger Mac N' Cheese

Tuesday

BeneFIT Bar **Breakfast Sandwich Mini Corn Dogs**

Wednesday

Burrito

14

21

281

Donut Holes Pizza

Fruit Smoothie

Chicken Potato Bowl

BeneFIT Bar Breakfast Pizza Chicken Patty Sandwich or Spicy **Cheese & Beef Nachos**

Cereal w/Nutri-Grain Bar Popcorn Chicken Salad M,W,F - PB&J Packs Tue & Th - Yogurt Parfait

Benefit Bar Bagel w/Cream Cheese Chicken Nuggets w/Roll

Cheese Stuffed Breadsticks

Pancakes **Mini Donuts** Cheeseburger Hamburger **Bosco Pizza Sticks**

BeneFIT Bar Yogurt & Muffin **Large Corn Dog**

Chicken Fried Rice Bowl

Yogurt Parfait Glazed Donut Pizza

Orange Chicken w/Rice

BeneFIT Bar **Cinnamon Oatmeal** Chicken Patty Sandwich or Spicy Taco Stick

Cereal w/Muffin Caesar Salad w/Roll M,W,F - PB&J Pack Tue & Th - Deli Sandwich

BeneFIT Bar Honevbun Chicken Tenders w/Roll

Pasta w/Meatsauce

13

20

27

BeneFIT Bar **Breakfast Burrito**

Hot Dog

Breakfast Burrito Mini Donuts Pizza

Meatball Potato Bowl

BeneFIT Bar Mini-Cinni **Chicken Patty Sandwich** or Spicy **Soft Beef Tacos**

16

Cereal w/Grahams Crispy Chicken Salad M,W,F - PB&J Pack Tue & Th - Caesar Wraps



French Toast Sticks **Donut Holes** Hamburger or Cheeseburger Meat calzone

Breakfast for Lunch

Fruit Smoothie **Donut Holes** Pizza

Chicken Potato Bowl

23 BeneFIT Bar **Breakfast Pizza** Chicken Patty Sandwich or Spicy **Cheese & Beef Nachos**

Cereal w/Nutri-Grain Bar Popcorn Chicken Salad M,W,F - PB&J Packs Tue & Th - Yogurt Parfait

26 **Benefit Bar** Bagel w/Cream Cheese Chicken Nuggets w/Roll

Cheese Stuffed Breadsticks

Snack N' Waffle **Mini Donuts** CHeeseburger Hamburger Mac N' Cheese

BeneFIT Bar Breakfast Sandwich **Mini Corn Dogs**

Burrito

Leap Year Lily Pads (Dutch Waffles) Mini Donut

Pizza Orange Chicken w/Rice



Cereal w/Muffin Caesar Salad w/Roll M,W,F - PB&J Pack Tue & Th - Deli Sandwich

Breakfast

Students full Price \$1.75 Student Reduced Price \$0.00 Student Free Price \$0.00

Includes seasonal fresh fruit, fruit juice and 1% White Milk or Chocolate Milk Need to add money to student's meal account, fill out a Free & Reduced Meal Application, or check the online menu for your student's school? All can be done at lingconnect.com (LINQ and Titan have merged, new





29

Lunch

Students full Price \$3.20 Student Reduced Price \$0.00 Student Free Price \$0.00

Includes seasonal fresh fruit, vegetable and 1% White Milk or Chocolate Milk

Menu items may change due to availability. This is an equal opportunity provider.