







Monday	Tuesday		Wednesday	Thursday	Friday		
11	<> Vinter Break - No School>						Daily Ontions
							Daily Options
No School	French Toast Sticks Donut Holes Hamburger or Cheeseburger Meat calzone		BeneFIT Bar Breakfast Burrito Breakfast for Lunch Hot Dog	Fruit Smoothie Donut Holes Pizza Chicken Potato Bowl	BeneFIT Bar Breakfast Pizza Chicken Patty Sandwich or Spicy Cheese & Beef Nachos		Cereal w/Nutri-Grain Bar Popcorn Chicken Salad W,F - PB&J Packs Tue & Th - Yogurt Parfait
Martin Luther King Day No School	Mini Waf Mini Don CHeesebu Hamburg Mac N' Ch	uts rger ger	BeneFIT Bar Breakfast Sandwich Mini Corn Dogs Burrito	Yogurt Parfait Mini Donut Pizza Orange Chicken w/Rice	Hoi Chicken Pa or	19 eFIT Bar neybun atty Sandwich Spicy co Stick	Cereal w/Muffin Caesar Salad w/Roll W,F - PB&J Pack Tue & Th - Deli Sandwich
BeneFIT Bar Coffee Cake Chicken Tenders w/Roll Pasta w/Meatsauce	Pancakes Glazed Donut Cheeseburger Hamburger Bosco Pizza Sticks		BeneFIT Bar Yogurt & Muffin Large Corn Dog Chicken Fried Rice Bowl	25 Breakfast Burrito Glazed Donut Pizza  Meatball Potato Bowl	26 BeneFIT Bar Mini-Cinni Chicken Patty Sandwich or Spicy Soft Beef Tacos		Cereal w/String Cheese Crispy Chicken Salad M,W,F - PB&J Pack Tue & Th - Caesar Wraps
BeneFIT Bar Pancake on a Stick Cheese Pull Aparts Pulled Pork Sandwich	30 French Toast Sticks Donut Holes Hamburger or Cheeseburger Meat calzone		BeneFIT Bar Breakfast Burrito Breakfast for Lunch Hot Dog	Fruit Smoothie Donut Holes Pizza Chicken Potato Bowl	BeneFIT Bar Breakfast Pizza Chicken Patty Sandwich or Spicy Cheese & Beef Nachos		Cereal w/Nutri-Grain Bar Popcorn Chicken Salad M,W,F - PB&J Packs Tue & Th - Yogurt Parfait
		dd money to student's meal ill out a Free & Reduced			Studen	Lunch ts full Price \$3.20	

Student Reduced Price \$0.00 Student Free Price \$0.00

Includes seasonal fresh fruit, fruit juice and 1% White Milk or Chocolate Milk

Meal Application, or check the online menu for your student's school? All can be done at lingconnect.com (LINQ and Titan have merged, new app needed for use on phones)





Student Reduced Price \$0.00 Student Free Price \$0.00

Includes seasonal fresh fruit, vegetable and 1% White Milk or Chocolate Milk

Menu items may change due to availability. This is an equal opportunity provider.